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#### Internal Medicine
- Garrison Jr., Paul L., MD  
- Gulley, Paul H., MD  
- Hough, Jennifer, ANP-BC  
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#### Neurology
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#### Otolaryngology
- Carter-Ellis, Chelsea, AuD, CCC-A FAAA

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180 Parkwood Dr. Elkin, NC 28621  
336-527-7000 HughChatham.org

Hugh Chatham Memorial Hospital
Dear Friends,

Hugh Chatham Memorial Hospital has established a reputation for excellence, and our achievements over the past year have raised the bar even higher. I am proud to work with our more than 800 professionals, staff and volunteers, whose combined talent creates a truly unique and special experience for our patients. Thanks to them, Hugh Chatham is ranked nationally for clinical quality by The Joint Commission, recognized as one of the nation’s “Most Wired” hospitals, reflecting our focus on improving care with the latest technology, and among the safest 1% of US hospitals, receiving the 2017 Women’s Choice Award® for Patient Safety.

In the following pages you will read about some of the very best care available, including new services and locations dedicated to your good health. Bringing specialty care closer to home, we have welcomed new providers in general surgery, obstetrics/gynecology, behavioral health, pulmonary medicine, orthopedics, and primary care. These skilled and compassionate professionals are helping us expand access to high quality, convenient and personalized care in the Yadkin Valley and beyond.

Additionally, community support remains essential in our efforts to care for you and your loved ones. Whether through volunteering, philanthropy, or by simply ensuring we understand your needs, you are an important part of the Hugh Chatham healthcare family and together we are making the Yadkin Valley a better place to live. I am grateful for your partnership and trust.

Sincerely,

Paul Hammes, Chief Executive Officer
Anesthesiology

Timothy Burke, MD
180 Parkwood Dr
Elkin, NC  336-527-7173
MD: Vanderbilt University School of Medicine
Residency: Georgetown University
Board Certification: Anesthesiology

William J. Martin, DO
180 Parkwood Dr
Elkin, NC  336-527-7173
DO: West Virginia School of Osteopathic Medicine
Residency: George Washington – University School of Medicine
Board Certification: Anesthesiology

Tamara Rice, MD
180 Parkwood Dr
Elkin, NC  336-527-7173
MD: University of Wisconsin – Madison
Residency: University of Florida
Board Certification: Anesthesiology

Kristin M. Bushong
MS, CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Brian M. Carroll
MS, CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Jones B. Damell
MSN, CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Miranda Edwards
CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Sharon S. Iannotte
CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Dena Jaggers
CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Hal Lowder
CRNA
NorthStar Anesthesia
180 Parkwood Dr
Elkin, NC  336-527-7173

Cardiology

Oomer Aziem, DO
Novant Health Cardiology
100 Johnson Ridge Medical Park
Elkin, NC  336-526-3005
NHCardiology.org
MD: University of Medicine & Dentistry of New Jersey
Residency: UAMS Memorial Medical Center
Fellowship: Deborah Heart & Lung Center
Board Certification: Internal Medicine, Cardiology

Kenneth Bodek, MD
Novant Health Cardiology
100 Johnson Ridge Medical Park
Elkin, NC  336-526-3005
NHCardiology.org
MD: University of Chicago
Residency: University of Chicago Medical Center
Fellowship: Baystate Medical Center
Board Certification: Cardiovascular Disease, Internal Medicine

David Bohle, MD
Novant Health Cardiology
100 Johnson Ridge Medical Park
Elkin, NC  336-526-3005
NHCardiology.org
MD: University of Texas Medical School at San Antonio
Residency: University of Arkansas College of Medicine
Fellowship: Wake Forest University Baptist Medical Center
Board Certification: Cardiovascular Disease, Internal Medicine

Tomas Vybiral, MD
Blue Ridge Cardiology
640 Parkwood Medical Park
Elkin, NC  336-526-7997
BlueRidgeMD.com
MD: Basel University School of Medicine, Basel, Switzerland
Residency: Internal Medicine – Wayne State University, Detroit, MI
Fellowship: Cardiology – Baylor College of Medicine, Texas Medical Center, Houston, TX
Board Certification: Cardiovascular Disease, Internal Medicine
The Cardiac Rehabilitation Center

Our Cardiac Rehabilitation facility is conveniently located on the first floor of the hospital. If referred for cardiac rehabilitation, ask for Hugh Chatham by name.

- The Cardiac Rehab Program is a medically supervised, multi-disciplinary program staffed by a group of dedicated professionals.
- Specially equipped treadmills and cycles.
- A 15-20 minute educational class follows the exercise session.
- Family members are encouraged to attend educational classes.

For more information, call 336-527-7523

Dermatology

Why see a dermatologist?

Dermatologists are experts of the largest organ in the human body – the skin. With advanced specialized training in anatomy, function, pathology, and surgery of the skin, dermatologists are uniquely qualified to diagnose and treat skin diseases, including acne, aging skin, birthmarks, eczema, psoriasis, rosacea, and skin cancers.
The purpose of the Foundation is to support the hospital in promoting and advancing the well-being of our community by providing quality healthcare and health-related services. The Foundation has a special interest in providing financial support for community wellness activities and disease- and injury-prevention programs.

To learn more, visit HughChatham.org/Foundation.
Family Medicine

Evan A. Ballard, MD
Jonesville Family Medical Center
4000 S. Swaim St Ext
Jonesville, NC  336-835-6300
HughChathamFamilyMedical.com
MD: Duke University School of Medicine
Residency: Duke University Medical Center
Board Certification: Family Medicine

William E. Ballard, MD
Jonesville Family Medical Center
4000 S. Swaim St Ext
Jonesville, NC  336-835-6300
HughChathamFamilyMedical.com
MD: University of North Carolina School at Chapel Hill School of Medicine
Residency: Carolina Medical Center, Charlotte, NC
Board Certification: Family Medicine

Mary-Emma Beres, MD
Hugh Chatham Family Medicine
600 Chatham Medical Park
Elkin, NC  336-835-4819
HughChathamFamilyMedical.com
MD: University of North Carolina at Chapel Hill School of Medicine
Residency: Uni. of Arizona Family and Community Medicine
Board Certification: Family Medicine

Alvaro A. Castillejo, DO
Elkin Pediatrics & Adult Medicine
124 Samaritan’s Ridge Rd
Elkin, NC  336-835-7700
DO: Philadelphia College of Osteopathic Medicine
Residency: Geisinger Medical Center
Board Certification: Family Medicine

Stephen E. Erlandson, MD
Hugh Chatham Family Medicine
600 Chatham Medical Park
Elkin, NC  336-835-4819
HughChathamFamilyMedical.com
MD: University of North Carolina at Chapel Hill School of Medicine
Residency: Medical University of South Carolina, College of Medicine
Board Certification: Family Medicine, Geriatric Medicine

E. Wilson Griffin, III, MD
Jonesville Family Medical Center
4000 S. Swaim St Ext
Jonesville, NC  336-835-6500
JonesvilleFamilyMedical.com
MD: Duke University School of Medicine
Residency: Duke University Medical Center
Board Certification: Family Medicine, Geriatric Medicine

Christopher W. Groner, MD
Hugh Chatham Family Medicine
546 Winston Rd
Jonesville, NC  336-526-7282
HughChathamFamilyMedical.com
MD: University of Kansas School of Medicine
Residency: Bowman Gray School of Medicine
Board Certification: Family Medicine

Laura Hubbard, MD
Hugh Chatham Family Medicine
5229 Rock Creek Rd
Hays, NC  336-696-2711
HughChathamFamilyMedical.com
MD: Bowman Gray School of Medicine
Residency: Bowman Gray School of Medicine
Board Certification: Family Medicine

L. Howard Nabors, MD
Clingman Medical Center
3369 Clingman Rd
Ronda, NC  336-984-3003
ClingmanMedicalCenter.org
MD: Bowman Gray School of Medicine
Internship: Madigan Army Medical Center
Residency: Bowman Gray School of Medicine
Board Certification: General Surgery

Faiza Rais-Reynolds, MD
Yadkinville Blue Ridge Medical Group
108 N. Main St
Yadkinville, NC  336-679-2733
MD: Nishtar Medical College, Multan, Pakistan
Residency: Saint Francis Hospital, Memphis, TN
Board Certification: Family Medicine

Thomas M. Shelbume, MD
Jonesville Family Medical Center
4000 S. Swaim St Ext
Jonesville, NC  336-835-6300
JonesvilleFamilyMedical.com
MD: Duke University School of Medicine
Residency: Duke University Medical Center
Board Certification: Family Medicine

Alexander B. Snyder, MD
Clingman Medical Center
3369 Clingman Rd
Ronda, NC  336-984-3003
ClingmanMedicalCenter.org
MD: Albany Medical College, Albany, NY
Residency: USA Brooke General Hospital, Internal Medicine Specialty
Family Medicine – continued

Ronda Blevins, FNP-C
Blue Ridge Medical – Sparta
665 South Main St
Sparta, NC 336-372-5911

Emily Collette, FNP-C
Hugh Chatham Urgent Care
912 South State St
Yadkinville, NC 336-677-1500

Charity Cranford, FNP-BC
Hugh Chatham Family Medicine
600 Chatham Medical Park
Elkin, NC 336-835-4819
HughChathamFamilyMedicine.com

Stephan Harris, PA-C
Hugh Chatham Urgent Care
546 Winston Rd
Jonesville NC 336-526-0037

Mary Keller, PA-C
Jonesville Family Medical Center
4000 S Swaim St Ext
Jonesville, NC 336-835-6300
JonesvilleFamilyMedical.com

Kelly Key, FNP-C
Hugh Chatham Urgent Care
546 Winston Rd
Jonesville NC 336-526-0037

Lynn Killon, PA-C
Jonesville Family Medical Center
113 Crutchfield St
Dobson, NC 336-386-4452
JonesvilleFamilyMedical.com

Ashley Lauer, FNP-C
Hugh Chatham Urgent Care
912 South State St
Yadkinville, NC 336-677-1500

Renee Luffman, FNP-C
Hugh Chatham Urgent Care
546 Winston Rd
Jonesville NC 336-526-0037

Stephan Harris, PA-C
Hugh Chatham Urgent Care
546 Winston Rd
Jonesville NC 336-526-0037

Where is your “Medical Home”?  

For health and wellness, look to a Hugh Primary Care physician to care for you and every member of your family.

Clingman Medical Center  3369 Clingman Rd, Ronda . . . 336-984-3003

Hugh Chatham Family Medicine

  **Boomer** (Wilkes) – 156 Boomer Community Rd. . . . . . 336-921-2273
  **Elkin** – 600 Chatham Medical Park . . . . . . . . . . . 336-835-4819
  **Mountain View** (Wilkes) – 5229 Rock Creek Rd . . . . . 336-696-2711
  **Jonesville** – 546 Winston Rd . . . . . . . . . . . . . . . . . 336-526-7282
  **Independence, VA** – 127 E. Main St. . . . . . . . . . . . . 276-773-2865

Yadkin Valley Adult Medicine

  500 Chatham Medical Park, Elkin . . . . . . . . . . . . . . . . . 336-835-3136
One call can connect you to our highly qualified staff who will carefully evaluate your needs and provide assistance with determining your best care options.

We can also reserve an appointment for you at a Hugh Chatham Urgent Care or at one of our provider offices.
Gastroenterology

Sarba Kundu, MD
Yadkin Valley Gastroenterology
201 West Main St
Elkin, NC 336-526-6195
YadkinValleyGastro.com
MD: Kasturba Medical College
Residency: Mercy Catholic/Drexel University
Fellowship: Wake Forest Baptist Health
Board Certification: Gastroenterology, Internal Medicine

Joe Argenta, PA-C
Yadkin Valley Gastroenterology
201 West Main St
Elkin, NC 336-526-6195
YadkinValleyGastro.com

Timothy D. Barron, MD
Hugh Chatham Surgical
101-A Eldon Parks Dr
Elkin, NC 336-835-2349
HughChathamSurgical.com
MD: University of Tennessee College of Medicine
Residency: Medical Center of Central Georgia
Board Certification: General Surgery

Tucker Jennings, MD
Hugh Chatham Surgical
101-A Eldon Parks Dr
Elkin, NC 336-835-2349
HughChathamSurgical.com
MD: West Virginia School of Medicine
Residency: West Virginia – Charleston Area Medical Center
Board Certification: General Surgery

Robert G. Peterson, MD
680 Parkwood Medical Park
Elkin, NC 336-835-7208
MD: Bowman Gray School of Medicine
Internship: Madigan Army Medical Center
Fellowship: Bowman Gray School of Medicine
Board Certification: General Surgery, Thoracic Surgery

General Surgery

Spiritual support

An important part of the total healthcare experience at Hugh Chatham Memorial Hospital is spiritual support. This support comes from the faith community, from chaplains and from several other sources.

A chaplain is available at all times. If you would like to speak with a chaplain, please ask your nurse to arrange a visit.

The Chapel, located just beyond the main entrance to the hospital, is open 24 hours a day for prayer and meditation.

Stephen E. Erlandson, MD
Hugh Chatham Family Medicine
600 Chatham Medical Park
Elkin, NC 336-835-4819
HughChathamFamilyMedicine.com
MD: University of North Carolina at Chapel Hill School of Medicine
Residency: Medical University of South Carolina, College of Medicine
Board Certification: Family Medicine, Geriatric Medicine

E. Wilson Griffin, III, MD
Jonesville Family Medical Center
4000 S. Swaim St Ext
Jonesville, NC 336-835-6300
JonesvilleFamilyMedical.com
MD: Duke University School of Medicine
Residency: Duke University Medical Center
Board Certification: Family Medicine, Geriatric Medicine

Tamas Soos, MD
Elkin Blue Ridge Medical Group
380 Parkwood Medical Park
Elkin, NC 336-835-9355
BlueRidgeMD.com
MD: Semmelweis University of Medicine, Hungary
Residency: SUNY, Buffalo, NY
Board Certification: Internal Medicine, Geriatric Medicine

Geriatrics

HughChatham.org
Hematology/Oncology

Carol Albright, MD
Comprehensive Cancer Center of WFU at Elkin
401 Eldon Parks Dr
Elkin, NC  336-835-9589
MD: University of North Carolina School of Medicine
Residency: Duke University Medical Center
Fellowship: Wake Forest Baptist Health
Board Certification: Internal Medicine, Medical Oncology, Hematology

Michaela Vatca, MD
Comprehensive Cancer Center of WFU at Elkin
401 Eldon Parks Dr
Elkin, NC  336-835-9589
MD: Institute of Medicine Tirgu-Mures, Romania
Residency: Mures County Em Clin Hospital, Henry Ford Hospital
Fellowship: Wake Forest Baptist Health
Board Certification: Internal Medicine, Medical Oncology, Hematology

Sherri Komdeur, ANP-BC
Comprehensive Cancer Center of WFU at Elkin
401 Eldon Parks Dr
Elkin, NC  336-835-9589
MD: University of Miami, School of Medicine
Residency: Pennsylvania State University College of Medicine
Fellowship: Wake Forest Baptist Health
Board Certification: Internal Medicine, Medical Oncology, Hematology

Hospice-Palliative Care

Glenn D. Golaszewski, MD
Mountain Valley Hospice & Palliative Care
945 Zephyr Rd
Dobson, NC  336-356-5000
MtnValleyHospice.org
MD: University of Miami, School of Medicine
Residency: Pennsylvania State University College of Medicine
Board Certification: Family Medicine, Hospice, and Palliative Care

If you get sick, don’t wait.
Get seen fast at one of our convenient walk-in clinics.

Common reasons patients see us include:

- Minor wounds or bruises
- Minor rashes, skin infections or insect bites
- Inner ear or urinary tract infections
- Bronchitis, influenza, headaches and fever
- Sports or pre-employment physicals

Hugh Chatham Urgent Care
912 South State St
(Lowes Foods parking lot)
336-677-1500
Mon.-Fri. 8 a.m. - 7 p.m.
Sat. 8 a.m. - 1 p.m.
Sun. 11 a.m. - 5 p.m.

Hugh Chatham Urgent Care
546 Winston Rd
336-526-0037
Mon.-Fri. 7 a.m. - 6:30 p.m.
Sat.-Sun. 8 a.m. - 4 p.m.
Onsite x-ray and laboratory services

Hugh Chatham Express Care
911 E. Atkins St
336-374-1010
Mon.-Fri. 8 a.m. - 7 p.m.
Sat. 8 a.m. - 1 p.m.
Sun. 11 a.m. - 5 p.m.
**Hospitalists**

**Jody Lewis, MD**  
180 Parkwood Dr  
Elkin, NC 336-527-7280  
MD: Wake Forest Baptist Medical Center  
Residency: Wake Forest Baptist Medical Center  
Board Certification: Internal Medicine, Critical Care

**S. Jacob Nadakav, MD**  
180 Parkwood Dr  
Elkin, NC 336-527-7280  
MD: University of Debrecen, Hungary  
Residency: Rochester General Hospital, Rochester, NY  
Board Certification: Internal Medicine

**Reza Rezai, MD**  
180 Parkwood Dr  
Elkin, NC 336-527-7280  
MD: Ross University School of Medicine  
Residency: Rochester General Hospital, Rochester, NY  
Board Certification: Family Medicine, Sleep Medicine

**Murugananthan P. Subbiah, MD**  
180 Parkwood Dr  
Elkin, NC 336-527-7280  
MD: Dr. MGR Medical University  
Residency: MetroHealth Medical Center, Case Western Reserve University  
Board Certification: Internal Medicine

**Joanie B. Macemore, PA-C**  
180 Parkwood Dr  
Elkin, NC 336-527-7280

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**What is a hospitalist?**

A hospitalist is a doctor who specializes in the care of patients admitted to the hospital. A team of hospitalist doctors, physician assistants, nurse practitioners and nurses will provide your care. The hospitalist is in charge of your care, will see you every day to direct your treatment, and will communicate with your family physician or specialists to share important medical information, when necessary.

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**Internal Medicine**

**Paul L. Garrison, Jr, MD**  
Yadkin Valley Adult Medicine  
500 Chatham Medical Park  
Elkin, NC 336-835-3136  
YadkinValleyAdultMedicine.com  
MD: Wake Forest University Medical School  
Residency: Allentown Hospital  
Board Certification: Internal Medicine

**Paul H. Gulley, MD**  
Yadkin Valley Adult Medicine  
500 Chatham Medical Park  
Elkin, NC 336-835-3136  
YadkinValleyAdultMedicine.com  
MD: Bowman Gray School of Medicine  
Residency: Allentown Hospital  
Fellowship: North Carolina Baptist Hospital  
Board Certification: Internal Medicine, Endocrinology

**Andras Neumark, MD**  
Elkin Blue Ridge Medical Group  
380 Parkwood Medical Park  
Elkin, NC 336-835-9555  
BlueRidgeMD.com  
MD: Semmelweis University of Medicine, Hungary  
Residency: Millard Filmore Hospital, Buffalo, NY  
Board Certification: Internal Medicine

**Tamas Soos, MD**  
Elkin Blue Ridge Medical Group  
380 Parkwood Medical Park  
Elkin, NC 336-835-9555  
BlueRidgeMD.com  
MD: Semmelweis University of Medicine, Hungary  
Residency: SUNY, Buffalo, NY  
Board Certification: Internal Medicine, Geriatric Medicine

**Stephen T. Walker, MD**  
Elkin Pediatrics & Adult Medicine  
124 Samaritan’s Ridge Rd  
Elkin, NC 336-835-7700  
MD: Medical College of Virginia  
Residency: Geisinger Medical Center  
Board Certification: Pediatric Medicine, Internal Medicine
Internal Medicine

Jennifer Hough, ANP-BC
Yadkin Valley Adult Medicine
500 Chatham Medical Park
Elkin, NC 336-835-3136
YadkinValleyAdultMedicine.com

Beth Lowrance, FNP-C
Yadkin Valley Adult Medicine
500 Chatham Medical Park
Elkin, NC 336-835-3136
YadkinValleyAdultMedicine.com

Neurology

R. Steven Meadows, MD
Hugh Chatham Neurology
101B Eldon Parks Dr
Elkin, NC 336-526-0188
HughChathamNeurology.com
MD: Wake Forest University
School of Medicine
Residency: University of Utah
Board Certification: Neurology

William Jarrett, PA-C
Hugh Chatham Neurology
101B Eldon Parks Dr
Elkin, NC 336-526-0188
HughChathamNeurology.com

Cutting-edge neurological care.

We serve patients and families who have a range of needs and concerns using the latest technologies and treatments.

Commonly treated by a neurologist:
- Stroke
- Headache disorders
- Alzheimer’s disease
- Multiple sclerosis
- Parkinson’s disease
- Seizure disorders
- ALS – Lou Gehrig’s disease
- Brain and nervous system disorders

Hugh Chatham Neurology
HughChathamNeurology.com

OB/GYN

Peter F. McIlveen, MD
Total Woman Care
942 Johnson Ridge Rd
Elkin, NC 336-526-3500
TotalWomanCare.net
MD: University of Connecticut
Residency: Orlando Regional Medical Center
Board Certification: Obstetrics & Gynecology

Natasha Spencer, MD
Hugh Chatham Women’s Center
150 Parkwood Dr
Elkin, NC 336-835-5945
HughChathamWomensCenter.com
MD: Florida State University College of Medicine, Tallahassee
Residency: Florida State University, Pensacola

John T. Venus, MD
Hugh Chatham Women’s Center
150 Parkwood Dr
Elkin, NC 336-835-5945
HughChathamWomensCenter.com
MD: SUNY Buffalo, School of Medicine
Residency: U.S. Air Force Medical Center Keesler
Board Certification: Obstetrics & Gynecology

J. Diane Moon, DNP
Total Woman Care
942 Johnson Ridge Rd
Elkin, NC 336-526-3500
TotalWomanCare.net

Teresa Tharpe, GONP
Hugh Chatham Women’s Center
150 Parkwood Dr
Elkin, NC 336-835-5945
HughChathamWomensCenter.com
Robert C. Campbell, MD
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
MD: Temple University School of Medicine (Philadelphia, PA)
Residency: Mayo Clinic (Rochester, MN)
Fellowship: Harvard Medical School (Boston, MA)
Board Certification: Ophthalmology

Monica Cid, MD
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
MD: Medical College of Wisconsin
Residency: University of Missouri-Kansas City
Fellowship: TEC University in Monterrey, Mexico
Board Certification: Ophthalmology

Robert Johnston, MD
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
MD: Johns Hopkins University School of Medicine
Residency: Yale - New Haven Hospital
Board Certification: Ophthalmology

Wells Stewart, Jr., MD
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
MD: Baylor College of Medicine (Houston, TX)
Residency: University of Texas Medical School at Houston
Fellowship: Baylor College of Medicine (Houston, TX)
Board Certification: Ophthalmology

Your healthcare in the palm of your hand 24/7

Get our app to stay informed about everything happening at Hugh Chatham.
Orthopedics

Jonathan R. Snyder, MD
Tri-County Orthopedic & Sports Medicine, PA
400 Johnson Ridge Medical Park
Elkin, NC 336-526-4500
TCOSM.com
MD: Wake Forest University School of Medicine
Residency: Duke University Medical Center
Board Certification: Orthopedic Surgery

Marc S. Stevens, MD
Tri-County Orthopedic & Sports Medicine, PA
400 Johnson Ridge Medical Park
Elkin, NC 336-526-4500
TCOSM.com
MD: Creighton University School of Medicine
Residency: University of Arkansas
Board Certification: Orthopedic Surgery

J. Jack Whitaker, DO
Tri-County Orthopedic & Sports Medicine, PA
400 Johnson Ridge Medical Park
Elkin, NC 336-526-4500
TCOSM.com
DO: Virginia College of Osteopathic Medicine
Residency: Philadelphia College of Osteopathic Medicine
Fellowship: University at Buffalo – State University of New York

Courtenay S. Whitman, IV, MD
Tri-County Orthopedic & Sports Medicine, PA
400 Johnson Ridge Medical Park
Elkin, NC 336-526-4500
TCOSM.com
MD: Robert Wood Johnson Medical School
Residency: Tripler Army Medical Center, Headquarters
Board Certification: Orthopedic Surgery

Michael W. Beres, FNP-C
Tri-County Orthopedic & Sports Medicine, PA
400 Johnson Ridge Medical Park
Elkin, NC 336-526-4500
TCOSM.com

Michael Keller, PA-C
Tri-County Orthopedic & Sports Medicine, PA
400 Johnson Ridge Medical Park
Elkin, NC 336-526-4500
TCOSM.com

Our doctors are highly experienced in a wide variety of orthopedic specialties. Whether it’s a bone break, torn ligament, muscle injury, or a joint replacement, we’re here to help.

And for a proper recovery, our physical and occupational therapists know what it takes to help you get back on your feet. Your good health and comfort are our highest priorities.

Four locations to serve you

Elkin Office:
400 Johnson Ridge Medical Park
336-526-4500

Sparta Office:
Tuesday & Thursday
233 Doctors St
336-372-3003

Mount Airy Office:
1908 Caudle Dr
336-789-9041

Jonesville Office:
546 Winston Rd
336-526-4500

TCOSM.com
When you visit a patient...

For the safety and consideration of the patient you’re visiting, as well as other patients, please follow these simple guidelines:

- Do not visit the hospital if you are ill.
- Let the patient know when you intend to arrive.
- Do not bring food that is not approved by the patient’s physician.
- Respect a patient’s privacy about their condition.
- Be supportive and understanding.
- Do not leave children unattended.
- Do not sit on the patient’s bed.
- Use only public rest rooms.
- Wash your hands regularly before, during and after your visit.
- Bringing alcohol on hospital grounds is strictly prohibited.
### Radiology

**Paul J. Beerman, MD**  
Yadkin River Radiology  
180 Parkwood Dr  
Elkin, NC  336-527-7291  
MD: Johns Hopkins University School of Medicine  
Residency: Wake Forest University School of Medicine  
Board Certification: Diagnostic Radiology

**James L. Sanderford Jr, MD**  
Yadkin River Radiology  
180 Parkwood Dr  
Elkin, NC  336-527-7291  
MD: University of North Carolina at Chapel Hill  
Residency: University of North Carolina at Chapel Hill  
Fellowship: University of North Carolina at Chapel Hill  
Board Certification: Diagnostic Radiology, Nuclear Medicine, CAQ Vascular-Interventional

**Brent A. Stearns, MD**  
Yadkin River Radiology  
180 Parkwood Dr  
Elkin, NC  336-527-7291  
MD: University of Illinois at Chicago  
Residency: SUNY Buffalo  
Board Certification: Diagnostic Radiology

**Jan Kriska, MD**  
Blue Ridge Sleep Medicine  
640 Parkwood Medical Park  
Elkin, NC  336-526-7997  
BlueRidgeMD.com  
MD: Comenius University, Slovakia  
Residency: Henry Ford Hospital, Detroit, MI  
Board Certification: Internal Medicine, Sleep Medicine

**Dominick J. Carbone, Jr, MD**  
Yadkin Valley Urology  
200 Johnson Ridge Medical Park  
Elkin, NC  336-526-0040  
YadkinValleyUrology.com  
MD: University of Michigan Medical School  
Residency: University of Pennsylvania  
Fellowship: Cleveland Clinic Foundation  
Board Certification: Urology

### Sleep Medicine

**Roque M. Arias, MD**  
Carolina General & Integrative Medicine  
112 E. Main St  
East Bend, NC  336-699-2973  
MD: University of Alabama School of Medicine  
Residency: Baylor College of Medicine

**Tamas Soos, MD**  
Elkin Blue Ridge Medical Group  
380 Parkwood Medical Park  
Elkin, NC  336-835-9355  
BlueRidgeMD.com  
MD: Semmelweis University of Medicine, Hungary  
Residency: SUNY, Buffalo, NY  
Board Certification: Internal Medicine, Geriatric Medicine

**David M. Stauffer, DPM**  
Hugh Chatham Podiatry  
150 Chatham Medical Park  
Elkin, NC  336-835-7676 or 336-983-8251  
HughChathamPodiatry.com  
D.P.M.: Ohio College of Podiatric Medicine  
Residency: Martin Army Community Medical Center  
Board Certification: Podiatric Medicine, Surgery
Award-winning, nationally ranked, comprehensive health care right here – close to home. That’s what Hugh Chatham Memorial Hospital and its network of care providers offers to residents of the Yadkin Valley.

- Behavioral Health
- Cancer Services
- Cardiology
- Dermatology
- Emergency Services
- Endocrinology
- Express Care/Urgent Care
- Gastroenterology
- Geriatrics
- Home Health
- Imaging
- Neurology
- Nutrition Services
- Ophthalmology
- Orthopedic & Sports Medicine
- Pain Management
- Podiatry
- Primary Care
- Pulmonology
- Primary Stroke Center
- Regional Wound Center
- Respiratory Services
- Retirement Living
- Surgical Services
- Urology
- Wellness Pool
- Women’s Services

Hugh Chatham Care Line 336-527-CARE (2273)

HughChatham.org 180 Parkwood Dr, Elkin, NC 336-527-7000