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Dear Friends,

Hugh Chatham Memorial Hospital has a reputation for excellence, and our achievements over the past year have raised the bar even higher. I am proud to work with the professionals, staff and volunteers whose combined talent creates such a special experience for our patients. Thanks to them, Hugh Chatham is ranked among top hospitals nationwide for quality by The Joint Commission, and is recognized as one of the nation’s “Most Wired” hospitals, reflecting our focus on improving care with the latest technology. We are also a leader in patient satisfaction, celebrating our third consecutive Women’s Choice award as a Top 100 U.S. Hospital.

In the following pages, you will read about some of the very best care available, including new services dedicated to your good health. We continue to enhance our patient-centered approach by launching a nurse advice line, 336-527-CARE, and by opening new Express Care and Urgent Care clinics to improve convenient access to affordable care, including on evenings and weekends.

And we are bringing specialty care closer to home. We have welcomed new physicians in specialties such as behavioral health, pulmonary and critical care medicine, orthopedics and sports medicine, neurology and podiatry. These skilled and compassionate professionals provide excellent, personalized care to the Yadkin Valley and beyond.

Last, and certainly not least, community support will remain vital as we endeavor to serve you and your loved ones. Whether through volunteering, philanthropy, or by ensuring we understand your needs, you are an important part of the Hugh Chatham healthcare family, and together we are making the Yadkin Valley a better place to live. I am grateful for your trust, and thank you for making a difference.

Sincerely,

Paul Hammes, Chief Executive Officer
Anesthesiology

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Cardiology

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NHCardiology.org
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Fellowship: Deborah Heart & Lung Center
Board Certification: Internal Medicine

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GNP-C
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BlueRidgeMD.com
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Residency: University of Florida
Board Certification: Internal Medicine

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Residency: University of Arkansas College of Medicine
Fellowship: Wake Forest University Baptist Medical Center
Board Certification: Cardiovascular Disease, Internal Medicine
The Cardiac Rehabilitation Center

Our Cardiac Rehabilitation facility is conveniently located on the first floor of the hospital. If you are referred for cardiac rehabilitation, be sure to ask for Hugh Chatham by name.

- The Cardiac Rehab Program is a medically supervised, multi-disciplinary program staffed by a group of dedicated professionals.
- Specially equipped treadmills and cycles.
- A 15-20 minute educational class follows the exercise session.
- Family members are encouraged to attend educational classes.

For more information, call 336-527-7523.

Cardiology – continued

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Blue Ridge Cardiology
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BlueRidgeMD.com

M.D.: Basel University School of Medicine, Basel, Switzerland
Residency: Internal Medicine – Wayne State University, Detroit, MI
Fellowship: Cardiology – Baylor College of Medicine, Texas Medical Center, Houston, TX
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Fellowship: Cardiology – Baylor College of Medicine, Texas Medical Center, Houston, TX
Board Certification: Cardiovascular Disease, Internal Medicine

Why see a dermatologist?

Dermatologists are experts of the largest organ in the human body – the skin. With advanced specialized training in anatomy, function, pathology, and surgery of the skin, dermatologists are uniquely qualified to diagnose and treat skin diseases, including acne, aging skin, birthmarks, eczema, psoriasis, rosacea, and skin cancers.

YadkinValleyDermatology.com

Dermatology

Amber Keller PA-C
Yadkin Valley Dermatology
201-A Eldon Parks Dr
Elkin, NC 336-835-0165
YadkinValleyDermatology.com

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Emergency Medicine

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Elkin Emergency Physicians
180 Parkwood Dr
Elkin, NC  336-527-7472
M.D.: University of Louisville
Internship: St. Joseph’s Hospital & Medical Center
Board Certification: Emergency Medicine

Jennifer King  FNP
180 Parkwood Dr
Elkin, NC  336-527-7472

Tom Mitchell, M.D.
Elkin Emergency Physicians
180 Parkwood Dr
Elkin, NC  336-527-7472
M.D.: Universidad Autonoma De Guadalajara Facultad De Medicina
Residency: University of Kansas School of Medicine
Board Certification: Family Medicine

Steve Smith, M.D.
Elkin Emergency Physicians
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Elkin, NC  336-527-7472
M.D.: Eastern Virginia Medical School
Residency: Wake Forest Baptist Health
Board Certification: Emergency Medicine

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Douglas T. Stewart  PA
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Ramon E. Vargas, M.D.
Elkin Emergency Physicians
180 Parkwood Dr
Elkin, NC  336-527-7472
M.D.: Albert Einstein College of Medicine
Residency: Jackson Memorial Hospital
Board Certification: Family Medicine

Endocrinology

Paul H. Gulley, M.D.
Yadkin Valley Adult Medicine
500 Chatham Medical Park
Elkin, NC  336-855-3336
YadkinValleyAdultMedicine.com
M.D.: Bowman Gray School of Medicine
Residency: Allentown Hospital; North Carolina Baptist Hospital
Board Certification: Internal Medicine, Endocrinology

Working to keep health care accessible for all

The purpose of the Foundation is to support the hospital in promoting and advancing the well-being of our community by providing quality health care and health-related services. The Foundation has a special interest in providing financial support for community wellness activities and disease- and injury-prevention programs. To learn more, visit HughChatham.org/Foundation.
**Family Medicine**

**Evan A. Ballard, M.D.**
Jonesville Family Medical Center
4000 S. Swaim St Ext
Jonesville, NC  336-835-6300
JonesvilleFamilyMedical.com
M.D.: Duke University School of Medicine
Residency: Duke University Medical Center
Board Certification: Family Medicine

**William E. Ballard, M.D.**
Jonesville Family Medical Center
4000 S. Swaim St Ext
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JonesvilleFamilyMedical.com
M.D.: University of North Carolina School at Chapel Hill School of Medicine
Residency: Carolinas Medical Center, Charlotte, NC
Board Certification: Family Medicine

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Sparta, NC  336-372-5911
BlueRidgeMedical.com
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Residency: Duke University Medical Center
Board Certification: Family Medicine

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Elkin Pediatrics & Adult Medicine
124 Samaritan's Ridge Rd
Elkin, NC  336-835-7700
E. Wilson Griffin, III, M.D.
Jonesville Family Medical Center
112 N. Swaim St
Jonesville, NC  336-526-7282
HughChathamFamilyMedicine.com
M.D.: University of Kansas School of Medicine
Residency: Bowman Gray School of Medicine
Board Certification: Family Medicine

**Stephan E. Erlandson, M.D.**
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Elkin, NC  336-835-4819
HughChathamFamilyMedicine.com
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Residency: Medical University of South Carolina, College of Medicine
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Residency: Bowman Gray School of Medicine
Board Certification: Family Medicine

**2015 Get With The Guidelines® Stroke Gold Plus Award Winner**
Get With The Guidelines® is one more way we demonstrate our commitment to quality care. We are proud to be a part of the American Heart Association’s efforts to turn guidelines into lifelines.™
Certified, smart stroke care. Right here...close to home.

HughChatham.org
Where is your “Medical Home”?  
For health and wellness, look to a Hugh Primary Care Physician to care for you and every member of your family.  
Clingman Medical Center  
Hugh Chatham Family Medicine  
Boomer (Wilkes) – 156 Boomer Community Rd.  
Elkin – 600 Chatham Medical Park  
Mountain View (Wilkes) – 5229 Rock Creek Rd.  
Jonesville – 112 N. Swaim St.  
Yadkin Valley Adult Medicine  

HughChatham.org
Need help finding care?
Call our 24-Hour Nurse Care Line • 336-527-CARE (2273)

One call can connect you to a highly qualified nurse who will carefully evaluate your needs and advise the best course of treatment: emergency department, urgent care, a primary care practice or home care.

The nurse can reserve an appointment at a Hugh Chatham Urgent Care or at an affiliated provider office.
Gastroenterology

Joe Argenta  
Yadkin Valley Gastroenterology  
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YadkinValleyGastro.com

Sarba Kundu, M.D.  
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YadkinValleyGastro.com  
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HughChathamSurgical.com  
M.D.: University of Tennessee College of Medicine  
Residency: Medical Center of Central Georgia  
Board Certification: General Surgery

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Elkin, NC  336-835-7208  
M.D.: Bowman Gray School of Medicine  
Internship: Madigan Army Medical Center  
Fellowship: Bowman Gray School of Medicine  
Board Certification: General Surgery, Thoracic Surgery

Geriatrics

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HughChathamFamilyMedicine.com  
M.D.: University of North Carolina at Chapel Hill School of Medicine  
Residency: Medical University of South Carolina, College of Medicine  
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Residency: Duke University Medical Center  
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BlueRidgeMD.com  
M.D.: Semmelweis University of Medicine, Hungary  
Residency: SUNY, Buffalo, NY  
Board Certification: Internal Medicine, Geriatric Medicine

Spiritual support

An important part of the total healthcare experience at Hugh Chatham Memorial Hospital is spiritual support. This support comes from the faith community, from chaplains and from several other sources. A chaplain is available at all times. If you would like to talk with the chaplain, please ask your nurse to arrange a visit.

The Chapel, located just beyond the main entrance to the hospital, is open 24 hours a day for prayer and meditation.
Hematology/Oncology

Carol Albright, M.D.
Comprehensive Cancer Center of WFU at Elkin
401 Eldon Parks Dr
Elkin, NC  336-835-9589
M.D.: University of North Carolina School of Medicine
Residency: Duke University Medical Center
Fellowship: Wake Forest Baptist Health
Board Certification: Internal Medicine, Medical Oncology, Hematology

Sherri Komdeur ANP-BC
Comprehensive Cancer Center of WFU at Elkin
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Elkin, NC  336-835-9589

Michaela Vatca, M.D.
Comprehensive Cancer Center of WFU at Elkin
401 Eldon Parks Dr
Elkin, NC  336-835-9589
M.D.: Institute of Medicine Tirgu-Mures, Romania Residency: Internal Medicine, Mures County Em Clin Hospital, Henry Ford Hospital Fellowship: Wake Forest Baptist Health
Board Certification: Internal Medicine, Medical Oncology, Hematology

Hospice-Palliative

Glenn D. Golaszewski, M.D.
Mountain Valley Hospice & Palliative Care 945 Zephyr Rd
Dobson, NC  336-356-5000
MtnValleyHospice.org
M.D.: University of Miami, School of Medicine
Residency: Pennsylvania State University College of Medicine
Residency: University College of Medicine
Board Certification: Family Medicine, Hospice, and Palliative Care

On-site x-ray and lab

Hugh Chatham Urgent Care
The right care. Right here. Right now.
No appointment necessary
Weekdays 7 a.m. – 6:30 p.m.
Weekends 8 a.m. to 4 p.m.
546 Winston Rd, Jonesville • 336-526-0037

Hugh Chatham Express Care
For unexpected minor healthcare needs, visit Hugh Chatham Express Care. Our knowledgeable professionals provide efficient care. Walk-in visitors are welcome.

ELKIN
1428 North Bridge St, Suite 100, 336-258-8105
Weekdays 8 a.m. – 7 p.m.
Sat. 8 a.m. - 1 p.m.
Sun. 1 - 7 p.m.

DOBSON
911 East Atkins St 336-374-1010
Weekdays 8 a.m. – 7 p.m.
Sat. 8 a.m. - 1 p.m.
Sun. 1 - 7 p.m.
Hospitalists

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Board Certification: Internal Medicine

What is a “hospitalist”?

A hospitalist is a doctor who specializes in the care of patients admitted to the hospital. A team of hospitalist doctors, physician assistants, nurse practitioners and nurses will provide your care. The hospitalist is in charge of your care, will see you every day to direct your treatment, and will communicate with your family physician or specialists to share important medical information when necessary.

Internal Medicine

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Elkin, NC 336-835-9355
BlueRidgeMD.com
M.D.: Semmelweis University of Medicine, Hungary
Residency: SUNY, Buffalo, NY
Board Certification: Internal Medicine, Geriatric Medicine

Stephen T. Walker, M.D.
Elkin Pediatrics & Adult Medicine
124 Samaritan’s Ridge Rd
Elkin, NC 336-835-7700
M.D.: Medical College of Virginia
Residency: Geisinger Medical Center
Board Certification: Pediatric Medicine, Internal Medicine
Neurology

William Jarrett PA-C
Hugh Chatham Neurology
101B Eldon Parks Dr
Elkin, NC 336-526-0188
HughChathamNeurology.com

R. Steven Meadows, M.D.
Hugh Chatham Neurology
101B Eldon Parks Dr
Elkin, NC 336-526-0188
HughChathamNeurology.com
M.D.: Wake Forest University School of Medicine
Residency: University of Utah
Board Certification: Neurology

Cutting-edge neurological care.
We seek to serve patients and families with a range of needs and concerns using only the latest technologies and treatments.

Diseases commonly treated by a Neurologist:
• Stroke
• Headache disorders
• Alzheimer’s disease
• Multiple sclerosis
• Parkinson’s disease
• Seizure disorders
• ALS – Lou Gehrig’s disease
• Brain and nervous system disorders

OB-GYN

J. Diane Moon DNP
Total Woman Care
942 Johnson Ridge Rd
Elkin, NC 336-526-3500
TotalWomanCare.net

Natasha Spencer, M.D.
Hugh Chatham Women’s Center
150 Parkwood Dr
Elkin, NC 336-835-5945
HughChathamWomensCenter.com
M.D.: Florida State University College of Medicine, Tallahassee
Residency: Florida State University, Pensacola
Board Certification: Obstetrics & Gynecology

Teresa Tharpe GONP
Hugh Chatham Women’s Center
150 Parkwood Dr
Elkin, NC 336-835-5945
HughChathamWomensCenter.com

Andrea Underwood FNP-C
Hugh Chatham Women’s Center
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Elkin, NC 336-835-5945
HughChathamWomensCenter.org

Peter F. McIlveen, M.D.
Total Woman Care
942 Johnson Ridge Rd
Elkin, NC 336-526-3500
TotalWomanCare.net
M.D.: University of Connecticut
Residency: Orlando Regional Medical Center
Board Certification: Obstetrics & Gynecology

John T. Venus, M.D.
Hugh Chatham Women’s Center
150 Parkwood Dr
Elkin, NC 336-835-5945
HughChathamWomensCenter.com
M.D.: SUNY Buffalo, School of Medicine
Residency: U.S. Air Force Medical Center Keeler
Board Certification: Obstetrics & Gynecology
Ophthalmology

Robert C. Campbell, M.D.
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
M.D.: Temple University School of Medicine (Philadelphia, PA)
Residency: Mayo Clinic (Rochester, MN)
Fellowship: Harvard Medical School (Boston, MA)
Board Certification: Ophthalmology

Monica Cid, M.D.
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
M.D.: Medical College of Wisconsin
Residency: University of Missouri-Kansas City
Fellowship: TEC University in Monterrey, Mexico
Board Certification: Ophthalmology

Wells Stewart, Jr., M.D.
Parkwood Eye Center
177 Parkwood Dr
Elkin, NC 336-835-3400
ParkWoodEyeCenter.com
M.D.: Baylor College of Medicine (Houston, TX)
Residency: University of Texas Medical School at Houston
Fellowship: Baylor College of Medicine (Houston, TX)
Board Certification: Ophthalmology

Tips on cataracts

Cataracts are one of the least serious conditions to afflict the eye.

In most cases, Ophthalmologists can remove cataracts with very favorable outcomes. The removal procedure does not harm the eye.

If you experience any blurring of your vision, schedule a complete eye examination.
Orthopedics

Michael W. Beres  
Tri-County Orthopedic & Sports Medicine, PA  
400 Johnson Ridge Medical Park  
Elkin, NC  336-526-4500  
tcosm.com

Michael Keller  
Tri-County Orthopedic & Sports Medicine, PA  
400 Johnson Ridge Medical Park  
Elkin, NC  336-526-4500  
tcosm.com

I. John Orta  
Tri-County Orthopedic & Sports Medicine, PA  
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Elkin, NC  336-526-4500  
tcosm.com

Jonathan R. Snyder, M.D.  
Tri-County Orthopedic & Sports Medicine, PA  
400 Johnson Ridge Medical Park  
Elkin, NC  336-526-4500  
tcosm.com  
M.D.: Wake Forest University  
School of Medicine  
Residency: Duke University Medical Center  
Board Certification: Orthopedic Surgery

Jack Whitaker, DO  
Tri-County Orthopedic & Sports Medicine, PA  
400 Johnson Ridge Medical Park  
Elkin, NC  336-526-4500  
tcosm.com  
DO: Virginia College of Osteopathic Medicine  
Residency: Philadelphia College of Osteopathic Medicine

Courtney S. Whitman, IV, M.D.  
Tri-County Orthopedic & Sports Medicine, PA  
400 Johnson Ridge Medical Park  
Elkin, NC  336-526-4500  
tcosm.com  
M.D.: Robert Wood Johnson Medical School  
Residency: Tripler Army Medical Center, Headquarters  
Board Certification: Orthopedic Surgery

Marc S. Stevens, M.D.  
Tri-County Orthopedic & Sports Medicine, PA  
400 Johnson Ridge Medical Park  
Elkin, NC  336-526-4500  
tcosm.com  
M.D.: Creighton University School of Medicine  
Residency: University of Arkansas  
Board Certification: Orthopedic Surgery

Whether it’s a bone break, torn ligament, muscle injury, or a joint replacement, we’re here to help. Our doctors are highly experienced in a wide variety of orthopedic specialties. And for a proper recovery, our physical and occupational therapists know what it takes to help you get back on your feet. Your good health and comfort are our highest priorities.

Four locations to serve you

Elkin Office:  
400 Johnson Ridge Medical Park  
336-526-4500

Sparta Office:  
Tuesday & Thursday  
233 Doctors St  
336-372-3003

Mount Airy Office:  
423 S. South St, Suite 201  
336-789-9041

Jonesville Office:  
546 Winston Rd  
336-526-4500

TCOSM.com
When you visit a patient...

For the safety and consideration of the patient you’re visiting, as well as other patients, please follow these simple guidelines:

- Do NOT visit the hospital if you are ill.
- Let the patient know when you intend to arrive.
- Do not bring food that is not approved by the patient’s physician.
- Respect a patient’s privacy about their condition.
- Be supportive and understanding.
- Do not leave children unattended.
- Do not sit on the patient’s bed.
- Use only public rest rooms.
- Wash your hands regularly before, during and after your visit.
- Bringing alcohol on hospital grounds is strictly prohibited.
Radiology

Paul J. Beerman, M.D.
Yadkin River Radiology
180 Parkwood Dr
Elkin, NC 336-527-7291
M.D.: Johns Hopkins University School of Medicine
Residency: Wake Forest University School of Medicine
Board Certification: Diagnostic Radiology

James L. Sanderford Jr., M.D.
Yadkin River Radiology
180 Parkwood Dr
Elkin, NC 336-527-7291
M.D.: University of North Carolina at Chapel Hill
Residency: University of North Carolina at Chapel Hill
Fellowship: University of North Carolina at Chapel Hill
Board Certification: Diagnostic Radiology, Vascular-Interventional

Brent A. Stearns, M.D.
Yadkin River Radiology
180 Parkwood Dr
Elkin, NC 336-527-7291
M.D.: University of Illinois at Chicago
Residency: SUNY Buffalo
Board Certification: Diagnostic Radiology

Jan Kriska, M.D.
Blue Ridge Sleep Medicine
640 Parkwood Medical Park
Elkin, NC 336-526-7997
M.D.: Comenius University, Slovakia
Residency: Henry Ford Hospital, Detroit, MI
Board Certification: Internal Medicine, Sleep Medicine

Robert G. Peterson, M.D.
680 Parkwood Medical Park
Elkin, NC 336-835-7208
M.D.: Bowman Gray School of Medicine
Internship: Madigan Army Medical Center
Fellowship: Bowman Gray School of Medicine
Board Certification: General Surgery, Thoracic Surgery

Sleep Medicine

Thoracic Surgery

Urology

Dominick J. Carbone, Jr, M.D.
Yadkin Valley Urology
200 Johnson Ridge Medical Park
Elkin, NC 336-526-0040
M.D.: University of Michigan Medical School
Residency: University of Pennsylvania Fellowship: Cleveland Clinic Foundation
Board Certification: Urology

Roque M. Arias, M.D.
Carolina General & Integrative Medicine
112 E. Main St
East Bend, NC 336-699-2973
M.D.: University of Alabama School of Medicine
Residency: Baylor College of Medicine

Tamas Soos, M.D.
Elkin Blue Ridge Medical Group
380 Parkwood Medical Park
Elkin, NC 336-835-9355
BlueRidgeMD.com
MD: Semmelweis University of Medicine, Hungary
Residency: SUNY, Buffalo, NY
Board Certification: Internal Medicine, Geriatric Medicine

David M. Stauffer, D.P.M.
Hugh Chatham Podiatry
150 Chatham Medical Park
Elkin, NC 336-835-7676or 336-983-8231
HughChathamPodiatry.com
D.P.M.: Ohio College of Podiatric Medicine
Residency: Martin Army Community Medical Center
Board Certification: Podiatric Medicine, Surgery

Wound Treatment
Award-winning, nationally ranked, comprehensive health care right here – close to home. That’s what Hugh Chatham Memorial Hospital and its network of care providers offers to residents of the Yadkin Valley.

- Behavioral Health
- Cancer Services
- Cardiology
- Dermatology
- Emergency Services
- Endocrinology
- Express Care/Urgent Care
- Gastroenterology
- Geriatrics
- Home Health
- Imaging
- Neurology
- Nutrition Services
- Ophthalmology
- Orthopedic & Sports Medicine
- Pain Management
- Podiatry
- Primary Care
- Pulmonology
- Primary Stroke Center
- Regional Wound Center
- Respiratory Services
- Retirement Living
- Surgical Services
- Urology
- Wellness Pool
- Women’s Services

24-Hour Nurse Care Line 336-527-CARE (2273)

HughChatham.org
180 Parkwood Drive, Elkin, NC
336-527-7000