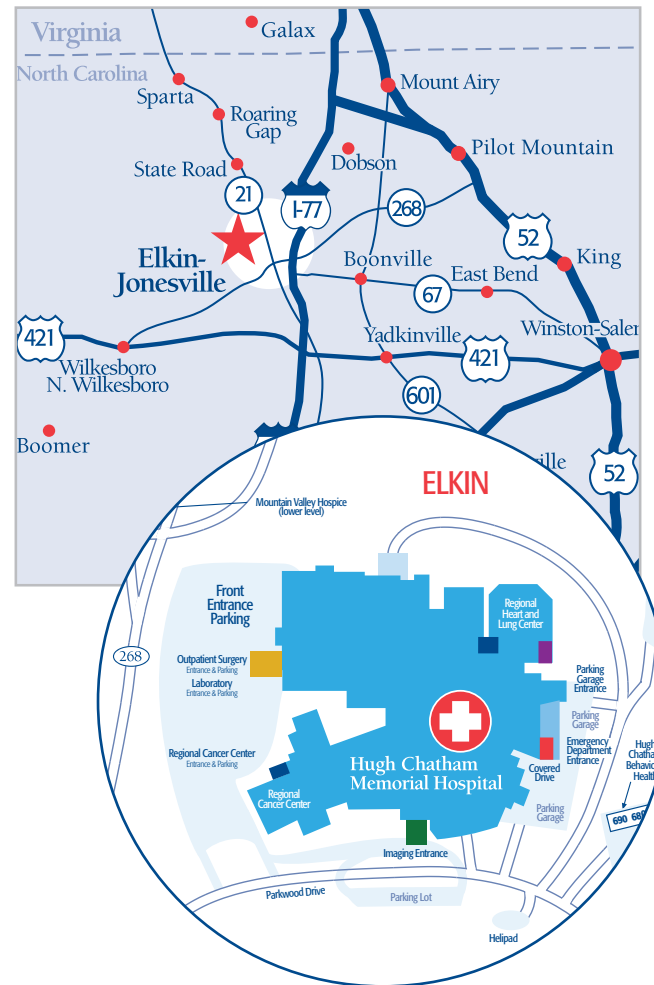


About Us

The BirthPlace at Hugh Chatham Memorial Hospital offers Single Room Maternity Care and continuous mother-baby care.

The mother is able to labor, deliver and recover in the same room. She will be able have her family members with her. Each LDRP room is equipped with state-of-the-art equipment for the care and safety of mother and baby. Additionally, each room has an infant care center, television, sleep chair for significant other and other furnishings to help make mother's stay as pleasant as possible.

We encourage and support breastfeeding. All our breastfeeding moms are given individual instruction and at-home follow-up support by our lactation consultants.



The BirthPlace *Childbirth & Child Care Classes*



180 Parkwood Drive
Elkin, NC 28621
336-527-7374

HughChatham.org

Classes

Childbirth Education

Instructors teach soon-to-be parents everything there is to know about natural childbirth.

New classes begin the **first Monday night of every other month at 7:30 p.m.** and continue for four consecutive Monday nights. Prospective parents should begin the series on the first Monday night session. Classes are held at the Hospital in the Synergy Room and will be offered every other month.
Cost: \$40

Brand New Sibling

Siblings learn how big a part they can play in caring for their new brother or sister. Children visit The BirthPlace facilities and learn everything from the importance of washing their hands to diapering and holding the baby.

First Wednesday night every other month, 7-8 p.m. Classes are taught at The BirthPlace.
Cost: FREE

Baby Basics

Get the most important tools for day-to-day child care! In this class, you'll learn everything from recognizing the signs and symptoms of illness to diapering, infant skin care, formula preparation, bathing and hygiene, cord care and much more.

All infant caregivers are welcome.

First Thursday night every other month, 7:30-9:30 p.m. Classes are taught at The BirthPlace.
Cost: \$10

Breastfeeding 101

If you're considering breastfeeding or if you are a breastfeeding mom, you don't want to miss this class. This is your chance to learn the basics about breastfeeding and have your questions answered by our two International Board Certified Lactation Consultants. You'll be glad you came!

Third Thursday every other month from 7:30-9:30 p.m. Classes are taught at Hugh Chatham Memorial Hospital.
Cost: \$10

Lifesavers

Sign up now to learn lifesaving skills for infants and children. Instructors will train you in the basics of infant and child CPR and teach you valuable skills in child safety.

Second Thursday night every other month, 7:30-9:30 p.m. Classes are taught at Hugh Chatham Memorial Hospital in the classroom. All classes are taught by certified obstetrical nurses.
Cost: \$10

Pre-registration is required for all classes.

Scholarships are available for those that qualify. If you have any questions or want to register for classes, please contact us:

Phone: 336-527-7374
Fax: 336-526-5239
Email: obnurses@hughchatham.org
180 Parkwood Drive
Elkin, North Carolina 28621

No classes are taught during the month of December.

The BirthPlace

- Labor, Delivery, Recovery, Postpartum (LDRP) Rooms
- Continuous Mother-Baby Care
- Infant Security System
- OB Centricity Electronic Fetal Monitoring – centrally located
- Free Car Seat Safety Inspection with certified technician
- Free Celebration Dinner for new parents
- Free Well-Baby Visits – as needed 48 hours after discharge
- Free Telephone Consultation 24 hours a day
- Childbirth and Child Care Classes for a nominal fee
- Free Lactation Consultation

For consultation contact:

Hugh Chatham Women's Center
150 Parkwood Drive | 336-835-5945
John T. Venus, MD
Natasha Spencer, MD
Beverly Byrd, MD
Teresa Tharpe, GONP

Total Woman Care
942 Johnson Ridge Road | 336-526-3500
Peter F. McIlveen, MD
Diane Moon, DNP, WHNP-BC

