

# Flexible Sigmoidoscopy Instructions



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- You will need to use **two (2) Fleets Enemas** two (2) hours prior to this procedure.
- Please **DO NOT have anything to eat or drink after midnight** the day before your procedure.
- Please bring someone with you who will be able to drive you home after your procedure.

Should you have any questions or need to change your appointment, please call our office at 336-526-6195.